

# HOCKEY

Hockey

Sept. 3/52.  
Miss W. M. M. M.

## Rules -

- 1) Do not kick ball.
- 2) Do not use "sticks".
- 3) Do not trip or push.
- 4) Do not put stick between people's legs.
- 5) Do not catch ball & then hold it.
- 6) Do not use back of the stick.

## Bullying

- 1) When offensive hits ball over the opposing sides back line.  
Insider bully off at 25 yd. line.
- 2) At the start of the game & after each goal.
- 3) When the wings hit out the ball simultaneously. They then bully.
- 4) Penalty bully. When the defense commits a very bad fault.
- 5) When ball goes over the side line the opposing half throws in.

Corners. Short corner - when defense deliberately puts ball out.

Long corner - when defense puts ball out by mistake.

## Places - opposing

Left wing -	right half.
Left inner -	right back.
Centre forward -	centre half.
Right inner -	left back.
Right wing -	left half.



## Preparation for a Hockey Game.

### Umpires.

Dress in white.

Have whistles & know how to blow them.

Rule books in pockets.

Know rules thoroughly.

Decide which half of the field you are to umpire.

Indicate which umpire is to receive substitution reports.

Read, "Hints on Umpiring" (posted in lodge.)

"Learning to Umpire" Page 35. Hockey Guide.

"Modern Trend in Umpiring" Page 36, Hockey Guide.

### Timekeepers.

Have stop watch & whistle.

Know lengths of halves & rules regarding time out.

### Scorekeepers.

Make score sheets. (See Page 63 of Hockey Guide)

### Captains.

Know Rule 3.

Report line-up to score keepers.

Know rules regarding substitutions.

200 for goals.

### Players.

Know all fouls & how to avoid them.

Know positions on the field at -

Start of game.

Roll-in.



Corners.

Penalty corner.

Free hit.

25-yd. bully.

Read: The Play of My Opponent. P. 15. "Hockey Guide"  
Forward Play. Chap. 3. Burr's "Field Hockey".  
Defense Play. Chap. 4. Burr's "Field Hockey".



## Hockey Questions

### Elementary 1.

1. May a player pass the ball between her feet?
2. What is a "kick" or "carry on" or "advancing" in hockey?
3. What is "hand ball" or "advancing the ball" or "placing the ball" with the hand?
4. What is a corner?
5. What is a penalty corner?
6. Why should you learn to depend almost entirely on your stick for stopping the ball?
7. How far away from the ball must the rest of the players be at a bully?



## Answers

## Elementary 1

1. No. Not at any time. It is a foul to lift one foot and hit under it.
2. Any rebound off the feet or legs which places the ball in a better position for hitting than when dead is a foul. Goalie can kick.
3. You can stop ball dead on the ground by grasping it, but not move it in any direction. When ball is caught in air, it must fall perpendicular. Batting the ball is a foul. Catching the ball + then moving hand before dropping it, is "placing".
4. Corner is taken when ball is hit over back line unintentionally by defending team. Ball is 3 yd. from corner, defending team behind goal line, + attacking team outside the circle. Attacking wing generally takes hit.
5. Penalty corner is taken when ball is hit over back line intentionally by defending team or when they make a foul in circle. Ball may be as near as 10 yd. to nearest goal post on the goal line.
6. 1) It is quickest.  
2) Using feet or legs you are likely to make a foul.
7. Three yards.



## Hockey Questions

## Elementary 2.

1. What must the forwards do when a free hit has been awarded to their team.
2. If the ball is moving, when a free hit is taken, what must the umpire do?
3. When a bully is awarded, what must all the players, except the two taking the bully, do?
4. When a player takes a free hit + the ball rolls a few inches, what must she do?
5. What must a fullback avoid at all costs, if she wishes to prevent her opponents from scoring?
6. How can you best avoid the foul of obstruction?



## Answers

## Elementary 2.

1. Get at least 5 yd. ahead of the ball.  
Keep moving to get free of your opponent  
& to find an opening to receive the ball.
2. Call ball back & give free hit over again  
to the same team.
3. Get "on side" and then see that you  
are at least 3 yd. from the ball.
4. She must wait until some other player  
has touched the ball before playing it again.  
If she played ball twice it would be a foul  
& give her opponents a free hit.
5. She must avoid hitting the ball across  
the goal.
6. By facing your opponents' goal as  
much as possible, & by keeping the  
ball always between you & your opponent.



## Hockey Questions

## Elementary 3.

1. In what part of the field should a team continually try to get the ball out to the sides of the field?
2. May you pull the ball between your feet at the bully?
3. What kind of a bully do you take without waiting for a whistle by the umpire?
4. May a player hit the ball while it is in the air?
5. What can the goal-keepers do in their circles, that other players can't do?
6. If one of the attackers shot for goal from outside the circle, and a defender hit ball into the goal in trying to stop it, would attacking team get a goal or a corner?
7. If when you stop the ball, it bounces into the air, may you hit it before it drops to the ground?



## Answers

## Elementary 3.

1. In the half of the field they are defending + particularly between the 25-yd. line + their own goal.
2. No. If so a free hit is given opponents.
3. All 25-yd. bullies. Don't wait for whistle to take free hits, corners or penalty corners.
4. Yes. If she keeps her stick below the shoulders + the hit is not dangerous to others.
5. Kick the ball + let the ball rebound off her open hand. She can not throw or deliberately hit ball.
6. A corner. One of the attackers must touch the ball with her stick inside the circle before a goal is scored.
7. Yes if it is not a dangerous hit. It is good play + hard for the opponents to stop.



## Hockey Questions.

## Elementary 4.

1. What must the Captains do before a match begins?
2. Who guards or "marks" the f. Inner & takes the ball away from her if possible?
3. What is a scoop stroke, & is it a dangerous stroke?
4. May you scoop the ball at a free hit?
5. For a penalty corner, how near may the ball be to the goal?
6. How far away must the other players be from a corner, penalty corner, or free hit?





The **Margaret Eaton School Digital Collection** is a not-for-profit resource created in 2014-2015 to assist scholars, researchers, educators, and students to discover the Margaret Eaton School archives housed in the Peter Turkstra Library at Redeemer University College. Copyright of the digital images is the property of Redeemer University College, Ancaster, Canada and the images may not be copied or emailed to multiple sites without the copyright holder's express written permission. However, users may print, download, or email digital images for individual non-commercial use. To learn more about this project or to search the digital collection, go to <http://libguides.redeemer.ca/mes>.